

## Delaware

### AIDS Rate per 100,000

20.9\*

### State Funds for HIV Early Intervention Services

STATE EXPENDITURES	
Required Base	SFY 2007 Expenditures Maintenance
\$86,903	\$131,897

  

SAPT EXPENDITURES	
FY 2005 HIV Set-Aside	FY 2008 Planned
\$329,762	\$332,917

### FY 2008 SAPT Reports

Allocates the set-aside amount to DPH to provide HIV early intervention services. Services provided include: outreach, individual level intervention, group level intervention, HIV testing, preventive case management, and transitional case management. The State budgeted \$33,517 to purchase rapid test kits. The State plans to continue to expand rapid testing capacity in substance abuse treatment system.

HIV EARLY INTERVENTION SERVICES PROVIDED							
Rapid Testing	Funding Rapid Testing	Regular HIV Testing	Pre-Test and Post-Test Counseling	Referral Services	Risk Assessment	HIV/AIDS Education	Outreach
✓	✓		✓	✓	✓		

### State Narrative Summary

Through a memorandum of understanding with the State Department of Public Health, the Division of Substance Abuse and Mental Health Services provided rapid HIV testing, along with pre- and post-test counseling, referral services, and risk assessment. Populations served are identified through an intensive needs-assessment process conducted by a community-planning group. Staff monitor the program's progress through monthly meetings and semiannual site visits. Over a 2-year period, programs administered

\*The most recent data published prior to October 1, 2007 by the CDC is Table 14, Reported AIDS cases and annual rates (per 100,000 population), by area of residence and age category, cumulative through 2005-United States, HIV/AIDS Surveillance Report 2005 Vol. 17, U.S. Department of Health and Human services, Centers for Disease Control and Prevention, National Center for HIV, STD, and TB Prevention, Division of HIV/AIDS, Prevention, Surveillance, and Epidemiology. Single copies of the report are available through the CDC National Prevention Information Network, 1-800-458-5231 or 301-562-1098 or <http://www.cdc.gov/hiv/topics/surveillance/resources/reports/2005report/table14.htm>

approximately 2,400 rapid tests and identified seven “new positives.” For Fiscal Year 2008, the State plans to continue to emphasize offering early intervention services for HIV to people with substance abuse problems who are already in existing treatment programs.

## Full State Narrative

### FY 2005 (COMPLIANCE)

The SAPT authorizing language includes a 5% set-aside requirement for states whose case rates for acquired immune deficiency syndrome meet or exceed 10 cases per 100,000 individuals. Delaware has qualified as an HIV set-aside state since 1991. To comply with this requirement, DSAMH, under a memorandum of understanding with the Delaware Department of Public Health (DPH), allocates the annual 5% set-aside amount to DPH to provide early intervention services for HIV.

In FFY 2005, DPH utilized HIV set-aside funds to continue support for the following initiatives: Brandywine Counseling and Beautiful Gate Outreach Center provided services to New Castle County, Delaware HIV Consortium, Gateway Foundation and Christiana Care provided services Statewide. The table below summarizes the final progress for each program:

CONTRACTOR CY2004	AWARD AMOUNT	OUTREACH GOAL	OUTREACH ACTUAL	ILIGLI GOAL	ILIGLI ACTUAL	TESTING GOAL	TESTING ACTUAL	PCM/TCM GOAL	PCM/TCM ACTUAL
BRANDYWINE COUNSELING, INC. (BCI)	\$80,000	2,000	2,840	N/A	N/A	400	244	N/A	N/A
CHRISTIANA CARE HEALTH SYSTEMS	\$73,590	N/A	N/A	N/A	N/A	N/A	N/A	Start Up	53
DHC BCI	\$45,000	N/A	N/A	N/A	N/A	N/A	N/A	Start Up	0
BEAUTIFUL GATE OUTREACH CENTER	\$35,000	2,500	2,766	60	53	270	270	N/A	N/A
GATEWAY	\$100,000	N/A	N/A	80	118	240	36	N/A	N/A
TOTAL	\$300,000	4,500	5,606	140	140	910	550	N/A	53

Note: CY = Calendar Year; ILI = Individual Level Intervention; IGI = Group Level Intervention; PCM = Preventive Case Management; TCM = Transitional Case management; G = Contractual Goal; A = Actual Output

DSAMH continued to follow a Memorandum of Agreement regarding HIV Early Intervention Services for drug abusers that was drafted and signed in FFY 2001. The Division of Substance Abuse and Mental Health meets regularly with Public Health Contract Managers to ensure services are provided to substance abusing populations throughout the state. These populations and geographic areas are identified through an intensive needs assessment process completed by a community-planning group. Contracts are awarded on an annual basis and staff from the Division of Public Health and the Division of Substance Abuse and Mental Health monitor program process through monthly contract manager meetings and semi-annual site visits.

### FY 2007 (PROGRESS)

In FFY 2007, DPH utilized HIV set-aside funds to continue support for initiatives: Brandywine Counseling and Gateway Foundation provided services to New Castle County. The Sussex County Aids Council and Kent Sussex Counseling provided services to rural areas of the State in Kent and Sussex Counties. Funds were also

budgeted to purchase RHTI kits. The table below summarizes the current (not final) progress for each program:

CONTRACTOR CY2004	AWARD AMOUNT	OUTREACH GOAL	OUTREACH ACTUAL	ILIGLI GOAL	ILIGLI ACTUAL	TESTING GOAL	TESTING ACTUAL	PCM/TCM GOAL	PCM/TCM ACTUAL
BRANDYWINE COUNSELING, INC. (BCI)	\$80,000	2,500	1,578	N/A	N/A	600	167	N/A	N/A
KENT & SUSSEX COUNTY COUNSELING SERVICES	\$100,000	1,200	255	N/A	N/A	300	70	N/A	N/A
SUSSEX COUNTY AIDS COUNCIL	\$40,000	1,500	1,068	N/A	N/A	200	N/A	N/A	N/A
GATEWAY	\$100,000	N/A	N/A	100	88	240	63	N/A	N/A
PURCHASE OF RHTI KITS	\$33,517	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
TOTAL	\$313,517	5,200	2,871	100	88	1,340	461	0	0
Note: CY = Calendar Year; ILI = Individual Level Intervention; IGI = Group Level Intervention; PCM = Preventive Case Management; TCM = Transitional Case management; G = Contractual Goal; A = Actual Output									

During FFY 2007 DHSS/DSAMH and its treatment providers continued to follow established procedures for providing TB and HIV services to clients as stipulated in Section 1924. The procedure to access HIV services is to refer individuals to Division of Public Health Clinics for pre- and post-test counseling and testing services if not available at the SA treatment program. BCI and Gateway, SA treatment programs offer rapid testing since all these clients have increased risk for becoming infected with HIV. Gateway also provides behavioral intervention counseling for clients at high risk for becoming infected with HIV. DPH continues working with DSAMH substance abuse treatment sites to provide them with access to rapid HIV testing in one of three methods:

1. The most preferable option is for treatment provider to offer rapid testing in-house
2. If not, then DPH community-based organization would provide rapid testing at the treatment provider's site.
3. If neither of these options is realistic, the provider would refer the client to a rapid testing site.

### ***RHTI (Rapid HIV Testing Initiative)***

In FFY 2005, SAMHSA commenced implementation of a Rapid HIV Testing Initiative (RHTI). According to the SAMHSA Rapid HIV Testing Initiative (RHTI) Fact Sheet, "...In view of the disproportionate HIV/AIDS incidence and prevalence rates across minority communities, the RHTI is designed to reduce HIV incidence rates among minority populations who may be at an even greater risk for acquiring or transmitting HIV associated with substance abuse and/or a mental health disorder...." The State of Delaware has received RHTI Testing Kits as part of this initiative.

DPH has been working towards ensuring that DSAMH substance abuse treatment sites can provide access to Rapid Testing. DPH arranged for a SAMHSA capacity building provider (Maya Tech) to offer a Counseling and Rapid Test training for over 40 Delaware participants. This training occurred on March 7, 8, and 9, 2006. Fred Franze from the DPH (Public Health Laboratory) trained staff at three sites via individual sessions.

### ***New RHTI Sites:***

As of this reporting period, the following substance abuse treatment providers have initiated or are partnered with a community based organizations (CBO) to provide Rapid Testing at their site:

- Test Kits Received 2,400 plus 38 Controls purchased for Statewide Testing and 4 cases of Orasure collection kits for confirmatory testing.
- Brandywine Counseling, Inc.
  - o Also possesses Mobile RHTI capability
- Gateway
- Kent Sussex Counseling
- Thresholds collaborated with the Sussex County Aids Council to provide RHTI at their site.
- Latin American Community Center (LACC)
- Connections, Inc., possesses two sites providing rapid testing in Dover and Wilmington. DPH plans to expand RHTI capacity to Wilmington and Smyrna offices.
- Fellowship Health Resources collaborated with the Sussex County Aids Council to provide RHTI capacity at their sites in Sussex County.
- Gaudenzia House was recently approved to be a rapid testing site. This site collaborated with Brandywine Counseling Inc., to provide the testing services to their residential program.
- Ellendale Detox collaborated with the Sussex County Aids Council to provide testing services for their clients.
- Corinthian House hasn't been receptive to on-site rapid testing.

In 2008, DPH plans to utilize current RHTI contractors to collaborate with the following sites:

- Limon House, Wilmington
- Serenity Place, Dover

### ***RHTI Outcomes to Date:***

As of this reporting period these sites have conducted Rapid HIV tests and have found four new positives in 2006 and three new positives in 2007 YTD.

RAPID HIV TESTING BY SITE, NUMBER OF TESTS, AND NEW POSITIVES IN DELAWARE				
Site Name	Total Tests 2006	Total Tests 2007 (YTD)	*New Positives 2006	*New Positives 2007 (YTD)
BCI INC.	639	326	2	2
GATEWAY	190	38	0	0
KCCS	182	138	0	0
LACC	213	96	0	0
SCAC	313	249	2	1
CONNECTIONS	0	12	0	0

TOTAL	1,537	859	4	3
* Note: The "New Positive" columns in the above table quantify new positives results only, and exclude known positive RHTI test results.				

In FFY 2007, DSAMH and DPH continued to work under a Memorandum of Agreement regarding HIV Early Intervention Services for drug abusers. Under the agreement SAPT Block Grant funds are contracted to community programs administered by the Division of Public Health. The Division of Substance Abuse and Mental Health meets regularly with Public Health Contract Managers to ensure services are provided to substance abusing populations throughout the state. These populations and geographic areas are identified through an intensive needs assessment process completed by a community planning group.

## FY 2008 (INTENDED USE)

**Goal 6.1:** Provide treatment for persons with substance abuse problems with an emphasis on making available within existing programs early intervention services for HIV in areas of the State that have the greatest need for such services and to monitor such service delivery.

**Objective 6.1.1.** Provide early intervention services related to HIV disease in areas of most need.

- Target Population: Persons receiving substance abuse treatment.
- Activities: (1) Continue to support HIV early intervention services with Block Grant funding, in part. (2) Monitor the provision of early intervention services with the Division of Public Health.
- Implementation status: Ongoing
- Geographic location: Statewide
- How Activities Will Be Implemented: Delaware Health and Social Services/Division of Substance Abuse and Mental Health through an integrated planning process and joint contracts with the Division of Public Health and community programs.

**Objective 6.1.2.** Continue to expand Rapid Testing Capacity in the substance abuse treatment system.

- Target Population: Persons receiving substance abuse treatment.
- Activities: (1) DPH will use funds from their FFY 2008 HIV Set aside to purchase RHTI kits (2) DPH and DSAMH will monitor the progress and outcomes related to the RHTI initiative. (3) DPH/DSAMH will continue training and technical assistance provision to sites interested in building capacity for RHTI.
- Implementation status: Ongoing
- Geographic location: Statewide
- How Activities Will Be Implemented: Delaware Health and Social Services/Division of Substance Abuse and Mental Health through an integrated planning process and joint contracts with the Division of Public Health and community programs.

## HIV Early Intervention Services

The DSAMH is the single state administrative entity for the Substance Abuse Prevention and Treatment (SAPT) grant for Delaware. The SAPT authorizing language includes a 5% set-aside requirement for states whose case rates for acquired immune deficiency syndrome meet or exceed 10 cases per 100,000 individuals. Delaware has qualified as an HIV set-aside state since 1991. To comply with this requirement, DSAMH, under a memorandum of understanding with the Delaware Department of Public Health (DPH), allocates the annual 5% set-aside amount to DPH to provide early intervention services for HIV. In FFY 2005, DPH utilized HIV set-aside funds to continue support for initiatives:

- Brandywine Counseling, Inc.
- Christiana Care Health Systems
- DHC Brandywine Counseling, Inc.

- Beautiful Gate Outreach Center
- Gateway

For more details on the progress of these projects, please refer to Goal # 6, "HIV Services". The early intervention project included outreach activities and referral to clinics of the Division of Public Health for the pre-test counseling, testing, post-test counseling, and appropriate therapeutic measures. The project has linkages with a wide variety of health and social services. The program is funded, in part, through the DHSS Division of Public Health.

### HIV Early Intervention Program Receiving Funds

HIV EARLY INTERVENTION FUNDS REPORTED BY STATE PROVIDER				
Program	Status	Address	Phone	Funds
BRANDYWINE COUNSELING	n/a	2713 Lancaster Avenue Wilmington, DE 19805	n/a	\$22,917

**Status Key:** [A] Active, [I] Inactive, [n/a] Not available, [P] Facility physically closed, [S] No substance abuse services provided, [U] Closed as duplicate of another facility.